WORK PRIVATELY

Four Commitments

Read each commitment on your own. Consider what it would require of you, then make these commitments to your marriage. Give each one at least thirty seconds of thought before moving on.

01

NOTICE THE BARRIERS

I will recognize the frustrations, distractions, or old hurts that cloud how I see my spouse. I will begin removing one barrier myself instead of waiting for my spouse to change.

02

ALIGN MY ATTENTION

I will draw nearer to God and ask Him to shape my attitudes and responses. I will bring what I learn from Him into our home through greater patience, kindness, and affection.

03

ENCOURAGE THEIR FAITH

I will notice what helps my spouse draw nearer to God and encourage it without pressure. This week I will support their faith through prayer, listening, or serving together.

04

PRACTICE TOGETHER

I will invite my spouse to pursue God with me in one realistic way this week. We will make time for it and allow that shared effort to strengthen our marriage.

REFLECT PRIVATELY

Before We Discuss

Work on this privately and be prepared to discuss in an upcoming conversation.

BEFORE WE TALK
Answer each question for yourself. Then, with a kind and considerate heart, note how you think your spouse might answer as well. Be prepared to listen and discover whether you understood them correctly.

FOR THE HUSBAND

1. What part of my walk with God most consistently blesses my wife?

2. What can change in our marriage if we both seek first God and His kingdom?

FOR THE WIFE

1. What part of my walk with God most consistently blesses my husband?

2. What can change in our marriage if we both seek first God and His kingdom?

OUR SPIRITUAL CONNECTION CHECK-IN

Rate yourself from 1 (needs growth) to 10 (consistently strong). Compare your answers with your spouse during the conversation.

Area to Consider	1	2	3	4	5	6	7	8	9	10
Personal walk with God	○	○	○	○	○	○	○	○	○	○
Faith expressed at home	○	○	○	○	○	○	○	○	○	○
Spiritual encouragement	○	○	○	○	○	○	○	○	○	○
Shared spiritual practices	○	○	○	○	○	○	○	○	○	○

What can I do today to draw near to God that involves my spouse?

PRACTICE TOGETHER

The Ten-Minute Conversation

Sit down together without distractions. Share what you wrote on *Before We Discuss*. Be mutually inquisitive, then use the four helps below to guide your conversation.

CONVERSATION STARTER

Share one thing about your spouse's faith that you appreciate. Talk about how it has helped you in your own walk with God.

01	**PICTURE THE FUTURE** Describe what you hope will be different in your marriage as you both grow closer to God. Name one change you would love to see.
02	**SHARE** Describe one area of your own walk with God that you want to strengthen. What kind of encouragement would help you take the next step?
03	**SUPPORT** Discuss what gets between you when life becomes difficult. Agree on how to help each other move past those obstacles and keep drawing nearer to God.
04	**CHOOSE TOGETHER** Choose one way to honor God together this week. Decide when you will do it and how each of you can help make it meaningful.

ENDING QUESTIONS

What would it look like for God to be more clearly at the center of our marriage this week?

How can I encourage your relationship with God without trying to manage it?

What can we pray for in one another this week?

PRAY AND COMMIT

God at the Center

LET OUR LOVE FOR HIM SHAPE OUR LOVE FOR EACH OTHER.

OUR PRAYER

Father, You are the light and center our home needs. Thank You for drawing us toward Yourself and for giving us one another. Help us recognize the things that crowd the space between us and keep us from seeing each other clearly. Teach us to seek You together, to make our home a place where faith is practiced openly, and to encourage one another toward deeper devotion. Lift us above the distractions and pressures of life so we can see each other as fellow followers of Jesus. Give us wisdom to honor You together, serve one another faithfully, and help our family know You. In Jesus' name, amen.

THIS WEEK WE WILL

- [ ] Pray for one another by name each day.
- [ ] Share one thing God is teaching us.
- [ ] Choose one simple practice of faith to do together.

THINGS I HAVE LEARNED ABOUT MYSELF AND MY SPOUSE